

Vicksburg Warren SD Jr. High Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

CHRISTMAS BREAK

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Chicken Patty Sandwich
Mandarin Chicken
Cheeseburger
Stir Fried Rice
Cheesy Broccoli
Baked Sweet Potato w/
Margarine
Spinach Salad
Chilled Peaches
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Salsa
Sour Cream
cheese blend mix

Chicken and Sausage
Jambalaya
Turkey & Cheese Hoagie
Buffalo Hot Wings
Fruit and Yogurt Plate
Mexican Cornbread
Southern Turnip Greens
Spicy Fries
Baby Carrots w/ Dressing
Fruit Cocktail
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Hot Sauce
Mustard, PC, MS1538
Ketchup
Saltine Crackers

Grilled Chicken Sandwich
TERIYAKI SAUCE
Chili Cheese over Chips
Corn Dog Nuggets
Refried Beans
Corn on the Cob
Garden Salad
W/Dressing
Fresh Fruit Bowl
Fresh Grapes
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Taco Sauce
Hot Sauce
Mayonnaise
Mustard, PC, MS1538
Whole Grain
Saltine Crackers

Hot Dog
Grilled Fajita Salad
Italian Wrap
Chef Salad
Tater Tots
Carrot/Peppers Strip/
Broccoli
Green Pea Salad
Blushing Chilled Pears
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Ketchup
Mustard, PC, MS1538
Marinara Sauce
Saltine Crackers

Chicken Tenders
Stuffed Crust Pizza
Spicy Chicken WRAP
Whole Wheat Roll
Parsley Buttered New
Potatoes
Seasoned Cabbage
Tomato & Cucumber Salad
Applesauce
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Variety of Dipping Sauce

HOLIDAY

Spagh. w Meatballs VW. Secod.
ChickenTostado
Tortilla
Tacos Ole with Chips
Whole Wheat Garlic Toast
Green Peas
Spinach Salad
Mashed Potatoes
Banana Berry Blend
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Marinara Sauce

Stuffed Crust Pizza
Chicken Fajitas
Grilled Chicken Sandwich
Spanish Rice
Chef Salad
Fruit and Yogurt Plate
Refried Beans
Whole Kernel Corn
Seasoned Potato Wedges
Fresh Fruit Bowl
Pineapple Tidbits
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Taco Sauce
Hot Sauce
Trimmings

Chicken and Sausage
Gumbo over Rice
Chicken Tenders
Beefy Nachos Grande
Steamed Brown Rice
Brown Gravy
Cornbread
Potato Salad
Steamed Cabbage
Raw Veggies with Dip
Blushing Chilled Pears
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Ketchup
Hot Sauce
Taco Sauce
Trimmings

Vegetable Beef Soup
Cheesy Breadstick
Corn Dog Nuggets
Boneless Buffalo
Hot Wings
Whole Wheat Roll
Southern Green Beans
Garden Salad
W/Dressing
Steamed Fresh Broccoli
Tropical Fruit
Fresh Fruit Bowl
Assorted Fruit Juices
Chocolate Milk
Strawberry Milk
Vanilla Fat Free Milk
Fat Free Milk
Low Fat Milk
Tartar Sauce
Ketchup
Trimmings

22

Hamburger w/ Trimmings
 Chicken Alfredo
 Chicken Bacon Club
 Whole Wheat Roll
 Tater Tots
 Steamed Cabbage
 California Veggies
 Tropical Fruit
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Ketchup
 Mayonnaise
 Mustard, PC, MS1538

23

Beef Taco with Soft
 Tortilla
 Loaded Chicken Fajita
 Baked Potato
 Hot Dog
 Fruit and Yogurt Plate
 Fiesta Rice
 Garden Salad
 W/Dressing
 Refried Beans
 Corn on the Cob
 Pear Salad
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Salsa
 Taco Sauce
 Saltine Crackers

24

Taco Soup
 BBQ Rib Sandwich
 Buffalo Hot Wings
 Steamed Brown Rice
 Coleslaw
 Summer Squash
 Southern Green Beans
 Whole Wheat Roll
 Fresh Fruit Bowl
 Apple and Orange Wedges
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Barbecue Sauce

25

Chicken Nuggets
 Lasagna
 Chili Dog
 Chef Salad
 Whole Wheat Roll
 Baby Carrots w/ Dressing
 Baked Sweet Potato w/
 Margarine
 Spinach Salad
 Sliced Strawberries
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Variety of Dipping Sauce
 Marinara Sauce

26

Meatballs in Marinara
 Sauce on Hoagie Bun
 Steak Fingers
 Yeast Roll
 Spicy Fries
 Baked Beans
 Garden Salad
 W/Dressing
 Southern Green Beans
 Flavored Raisins
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Tartar Sauce
 Ketchup
 cheese blend mix

29

Corn Dog Nuggets
 Beef Ravioli
 Cheeseburger Pie
 Whole Wheat Roll
 Spinach Salad
 Tomato & Cucumber Salad
 Tater Tots
 Tropical Fruit
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Mustard, PC, MS1538
 Ketchup

30

Red Beans and Rice
 with Sausage
 Chicken Quesadillas
 Beefy Nachos Grande
 Fruit and Yogurt Plate
 Mexican Cornbread
 Southern Turnip Greens
 Refried Beans
 Mexicali Corn
 Mandarin Fruit Cup
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Salsa
 Taco Sauce

31

Pork Jambalaya
 Spicy Chicken Sandwich
 Chicken Salad Sandwich
 Steamed Spinach
 Lima Beans
 Spicy Fries
 Whole Wheat Roll
 Fresh Fruit Bowl
 Fresh Bananas
 Assorted Fruit Juices
 Chocolate Milk
 Strawberry Milk
 Vanilla Fat Free Milk
 Fat Free Milk
 Low Fat Milk
 Mayonnaise
 Mustard, PC, MS1538
 Ketchup

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